

## PPO Summary of Benefits

Effective January 1, 2021

	Preferred Provider	Non-Preferred Provider
<b>Deductible</b>		
Deductible must be satisfied every coverage period before coinsurance applies.	\$750 single	\$750single
Copayments do not apply to the deductible.	\$1,500 family	\$1,500 family
<b>Coinsurance</b>	20%	30%
<b>Maximum Out of Pocket</b>		
(Deductible, Copayments, and Coinsurance apply)	\$3,000 single	\$3,000 single
	\$6,500 family	\$6,500 family

SERVICES covered when medically necessary	Preferred Provider You Pay	Non-Preferred Provider You Pay *
<b>Outpatient Services</b>		
ProvenHealth Navigator® (PHN) PCP office visits.	\$20	30% after deductible
Non-PHN PCP office visits.	\$25	30% after deductible
Specialist office visit.	\$30	30% after deductible
Periodic health assessments/routine physicals.	\$0	30% after deductible
Nutritional Counseling	\$30	30% after deductible
Outpatient surgery.	20% after deductible	30% after deductible
<b>Preventive Services: for a Full list of preventive services refer to <a href="https://www.healthcare.gov/what-are-my-preventive-care-benefits/">https://www.healthcare.gov/what-are-my-preventive-care-benefits/</a>. All PPACA Preventive Services including but not limited to:</b>		
Mammograms.	\$0	30% after deductible
Immunizations covered in accordance with accepted medical practices, excluding immunizations necessary for international travel.	\$0	30% after deductible
Pap smears.	\$0	30% after deductible
Chlamydia screening for females ages 16-25.	\$0	30% after deductible
Dexa scan.	\$0	30% after deductible
Fecal occult blood testing.	\$0	30% after deductible
Cholesterol screening.	\$0	30% after deductible
Diabetes care including HbA1c testing, LDL-C screening and nephropathy screening.	\$0	30% after deductible
Lipid panel.	\$0	30% after deductible
Newborn screening: one hematocrit and hemoglobin screening for infants under 24 months.	\$0	30% after deductible
<b>Colorectal Cancer Screening</b>		
Colorectal cancer screening, limited to flexible sigmoidoscopy, colonoscopy and related services covered 100%. Note: preparation medication is not covered under the medical benefit, but is covered under the pharmacy benefit with no member cost-sharing.	\$0	30% after deductible
<b>Well-Child Services</b>		
Well-child office visits (age 0-21)	\$0	30% after deductible

<b>Testing Services</b>		
X-rays, laboratory and other diagnostic tests.	20% after deductible	30% after deductible
Computed Axial Tomography (CAT Scan), Magnetic Resonance Imaging (MRI), and Position Emission Tomography (PET Scan), Magnetic Resonance Angiography (MRA) and nuclear cardiology.	20% after deductible	30% after deductible
<b>Pulmonary Function Test</b>	20% after deductible	30% after deductible
<b>All Other Diagnostic Services</b>		
Ostomy supplies.	20% after deductible	30% after deductible
Medically necessary urological supplies.	20% after deductible	30% after deductible
Other diagnostic services.	20% after deductible	30% after deductible
<b>Well-Woman Care</b>		
Annual gynecological examination, including pelvic examination and routine pap smears. Includes appropriate follow-up care and referrals for diagnostic testing and treatment services relating to gynecological care.	\$0	30% after deductible
<b>Maternity Care</b>		
Maternity Hospitalization.	20% after deductible	30% after deductible
Maternity care by your physician before and after the birth of your baby.	\$0	30% after deductible
One postpartum home health care visit for early discharge.	\$0	30% after deductible
<b>Hospitalization</b>		
Care in a semi-private room. Includes intensive care, cardiac care unit services, obstetrical care, newborn care, transplant services, medications and diagnostic tests.	20% after deductible	30% after deductible
Medical and surgical specialist care, including anesthesia.	20% after deductible	30% after deductible
<b>Surgery for Correction of Obesity</b>		
Facility charges. Prior Authorization is required; services must be provided at a fully accredited ACS BSCN facility.	20% after deductible	30% after deductible
Professional charges.	20% after deductible	30% after deductible
<b>Emergency Services</b>		
Emergency care.	\$200 (waived if admitted to hospital)	\$200 (waived if admitted to hospital)
Transport: Ambulance (medically necessary)	20% coinsurance (no deductible)	20% coinsurance (no deductible)
Critical response air transport.	20% coinsurance (no deductible)	20% coinsurance (no deductible)
Urgent care.	\$50	\$50
<b>Rehabilitative and Habilitative Services</b>		
Physical therapy for back pain management, limited to 2 series of 5 visits each, per benefit period.	\$30 per series	30% after deductible
Physical therapy, unlimited visits	\$30	30% after deductible
Orthoptic therapy, speech therapy, occupational therapy, unlimited visits	\$30	30% after deductible
Cardiac rehabilitation, unlimited visits	20% after deductible	30% after deductible
Respiratory therapy, unlimited visits	20% after deductible	30% after deductible
Pulmonary rehabilitation, unlimited visits	20% after deductible	30% after deductible
<b>Diabetes Services and Supplies<sup>1</sup></b>		
Diabetic eye examination.	\$0	30% after deductible
Prescription/supply coverage. The following may be limited to specific vendors: insulin, syringes and needles for the administration of insulin only, oral agents used to control blood sugar (1 copayment/34 day supply) and Glucagon emergency kit (two per copayment). Mail order discount does not apply.	Tier 1: \$10 for 34-day supply Tier 2: \$40 for 34-day supply Tier 3: \$75 for 34-day supply	Not Covered
Diabetic foot orthotics.	20% after deductible	30% after deductible
Home blood glucose monitors: Lifescan brand diabetic supplies only. Must be purchased at a participating pharmacy for in-network benefits.	20% after deductible	30% after deductible
Diabetic medical equipment: The following may be limited to specific vendors: injection aids, insulin pumps, syringe reservoirs and infusion sets.	20% after deductible	30% after deductible
<sup>1</sup> The Plan reserves the right to restrict vendors and apply quantity limitations.		

<b>Skilled Nursing/Home Health Services</b>		
Short-term, non-custodial medical care in a licensed, skilled nursing facility, as approved by a PPO physician and the PPO	20% after deductible	30% after deductible
Home health care by primary care physician.	\$20 PHN/\$25 non-PHN	30% after deductible
Home health care by specialist.	\$30	30% after deductible
Home health care by other skilled professional.	20% after deductible	30% after deductible
Home health care, including select injectable drugs.	\$0	30% after deductible
Private duty nursing, limited to 240 hours per benefit period.	20% after deductible	30% after deductible
Hospice care: home and inpatient care including home health aide and homemaker services, counseling and medical social services.	20% after deductible	30% after deductible
<b>Breast Prosthetic Benefit</b>	\$0	30% after deductible
<b>Implanted Devices (medical and contraceptive)</b>		
Drug delivery.	20% after deductible	30% after deductible
Contraceptives	\$0	30% after deductible
<b>Specialty Drugs</b>		
For select high-cost specialty drugs.	\$75	30% after deductible
<b>Infertility Services</b>		
Artificial Insemination (AI) and In Vitro Fertilization (IVF) include infertility counseling, testing and services. The benefit period maximum includes the cost of injectables related to infertility services administered and/or dispensed in the physician's office. Limited to 3 attempts per lifetime per subscriber.	20% after deductible	30% after deductible
Self-administered fertility drugs	Subject to the applicable prescription drug copayment	Not Covered
<b>Durable Medical Equipment</b>		
Equipment which can stand repeated use, such as wheelchairs, hospital beds and oxygen equipment. Standard equipment is covered. Must be prescribed by a physician.	20% after deductible	30% after deductible
<b>Prosthetic Devices</b>		
Externally worn appliance or apparatus which replaces a missing body part, such as artificial limbs. Medically necessary replacements covered every 5 years. Must be prescribed by a physician.	20% after deductible	30% after deductible
<b>Orthotic Devices</b>		
Rigid appliance used to support, align or correct bone and muscle deformities. Must be prescribed by a physician.	20% after deductible	30% after deductible
<b>Alcohol and Drug Abuse Treatment..<sup>2</sup></b>		
Inpatient detoxification.	20% after deductible	30% after deductible
Non-hospital residential inpatient rehabilitation.	20% after deductible	30% after deductible
Outpatient rehabilitation at an alcoholism/drug abuse facility.	20% after deductible	30% after deductible
Outpatient services when provided by other professional providers.	\$20 PHN PCP/\$25 non-PHN PCP/\$30 SCP	30% after deductible
<sup>2</sup> In-network services must be provided by facilities participating with the Plan's behavioral health manager. Call (888) 839- 7972 for more information. Pre-authorization is required for all services except routine outpatient visits.		
<b>Outpatient Opioid Detoxification Treatment...<sup>3</sup></b>		
Subutex and Suboxone are covered as part of this treatment.	20% after deductible	30% after deductible
<sup>3</sup> In-network services must be provided by facilities participating with the Plan's behavioral health manager. Call (888) 839- 7972 for more information. Pre-authorization is required for all services except routine outpatient visits.		
<b>Mental Health...<sup>4</sup></b>		
Mental health care by psychiatrist, licensed clinical psychologist or other licensed behavioral health professional.	\$25/individual therapy session \$25/group therapy session	30% after deductible
<sup>4</sup> In-network services must be provided by facilities participating with the Plan's behavioral health manager. Call (888) 839-7972 for more information. Pre- authorization is required for all services except routine outpatient visits.		
<b>Serious Mental Illness (SMI) <sup>5</sup></b>		
Care provided for the following serious mental illnesses: schizophrenia, bipolar disorder, obsessive-compulsive disorder, major depressive disorder, panic disorder, anorexia nervosa, bulimia nervosa, schizo-affective disorder and delusional disorder.	20% after deductible/inpatient facility 20% after deductible/inpatient professional visit	30% after deductible
Partial hospitalization and Non-hospital residential inpatient	20% after deductible	30% after deductible

<sup>5</sup> In-network services must be provided by facilities participating with the Plan's behavioral health manager. Call (888) 839-7972 for more information. Pre-authorization is required for all services except routine outpatient visits.

<b>Autism Spectrum Disorder <sup>6</sup></b>		
Care provided for members under 21 years of age for the treatment of autism spectrum disorders (as defined by the most recent edition of the Diagnostic and Statistical Manual of Mental disorders (DSM), or its successor including autistic disorder, Asperger's disorder and Pervasive Development Disorder not otherwise specified.) which includes, pharmacy, psychiatric and psychological, rehabilitative and therapeutic care.		
Pharmacy care	Tier 1: \$10 for 34-day supply Tier 2: \$40 for 34-day supply Tier 3: \$75 for 34-day supply	Not Covered
Psychiatric and Psychological Care: direct or consultative services provided by a psychiatrist or psychologist.	\$25 individual therapy session /\$25 group therapy session	30% after deductible
Rehabilitative Care: professional services and treatment programs, including applied behavioral analysis, provided by an autism service provider to produce socially significant improvements in human behavior or to prevent loss of attained skill or function.	\$30 per day	30% after deductible
Therapeutic Care: includes services provided by speech pathologists, occupational therapists or physical therapists.	\$30 per day	30% after deductible

<sup>6</sup>For psychiatric, psychological and rehabilitative care, in-network services must be provided by facilities participating with the Plan's behavioral health manager. Call (888) 839-7972 for more information. Pre-authorization is required for all services except routine outpatient visits.

<sup>\*</sup>Covered services provided by a non-preferred provider will be based on the PPO's "non-preferred provider fee schedule." This may subject the member to significant out-of-pocket expenses for services received from a non-preferred provider. Emergency care or covered services not available from a preferred provider and approved by the Health Plan are NOT subject to this fee schedule.

Additional Services	Preferred Provider You Pay	Non-Preferred Provider You Pay *
<b>Non-Serious Mental Illness</b>		
Non-Serious mental illnesses that exclude schizophrenia, bipolar disorder, obsessive-compulsive disorder, major depressive disorder, panic disorder, anorexia nervosa, bulimia nervosa, schizo-affective disorder and delusional disorder. Care for acute short-term psychiatric conditions. In-network services must be provided by facilities participating with the Plan's behavioral health manager. You must receive pre-authorization by calling (888) 839-7972.	20% after deductible/ inpatient facility 20% after deductible/inpatient professional visit 20% after deductible/partial hospitalization per day 20% after deductible/ non-hospital residential inpatient	30% after deductible
<b>Impacted Wisdom Teeth Extraction</b>		
Oral surgery for extraction of partially or totally bony impacted third molars. Service covered in the physician's office. Hospital and ambulatory surgical center services are not covered.	20% after deductible	30% after deductible
<b>Triple Choice Option for Outpatient Prescription Drugs<sup>7</sup></b>		
34-day supply per copayment for outpatient prescription drugs from a participating pharmacy. Most covered drugs are listed on the formulary, a continually updated list of commonly covered drugs. Each drug assigned to a tier. Tier 1: most generic drugs; prior authorization is generally not required. Tier 2: certain generic drugs and formulary brand name drugs with no generic equivalent; prior authorization may be required. Tier 3: some formulary brand name drugs with generic equivalents and other brand name drugs, including some not listed on the formulary; it may include certain generic drugs; prior authorization may be required. Provider must request prior authorization. For information call Pharmacy Services at (800) 988-4861.	Tier 1: \$10 for 34-day supply Tier 2: \$40 for 34-day supply Tier 3: \$75 for 34-day supply	Not Covered
Contraceptives; includes diaphragms.	\$0 generic/brand with no generic equivalent	Not covered
Mail Order Pharmacy. Prescriptions can be received through the mail by using the PPO's mail order pharmacy program. A doctor's prescription, copayment and completed form are required.	2 1/2 flat copays amount(s) depending on tier/90-day supply	Not covered
<sup>7</sup> The Plan reserves the right to restrict vendors and apply quantity limitations.		
<b>Manipulative Treatment Services Rider</b>		
Direct access to participating providers for chiropractic services which may include patient exams, manipulation, adjunctive therapy and X-rays. Chiropractic appliances covered up to \$50 per benefit year when prescribed by a participating provider.	\$30	30% after deductible.  *Member must pay for services and submit to health plan for reimbursement when using out-of-network chiropractic providers

Telehealth Services		
Telehealth (virtual visit) <ul style="list-style-type: none"> <li>• Primary care physician</li> <li>• Specialist physician</li> <li>• Behavioral health and substance abuse therapy</li> </ul>	<ul style="list-style-type: none"> <li>• \$25</li> <li>• \$30</li> <li>• \$25</li> </ul>	<ul style="list-style-type: none"> <li>• 30% after deductible</li> <li>• 30% after deductible</li> <li>• 30% after deductible</li> </ul>
Please review Summary Plan Description for limitations and exclusions.		
*Covered services provided by a non-preferred provider will be based on the PPO's "non-preferred provider fee schedule." This may subject the member to significant out-of-pocket expenses for services received from a non-preferred provider. Emergency care or covered services not available from a preferred provider and approved by the Health Plan are NOT subject to this fee schedule.		

## Member Information

We want our members to be well informed. The following information is available by contacting our Customer Care Team at 844-863-6850.

- Geisinger Health Plan Board of Directors
- Description of process for Formulary exception
- Provider credentialing process
- Summary of provider reimbursement methodologies
- Procedures for covering experimental drugs/procedures
- Summary of quality assurance program
- Provider List and/or monthly Provider List Updates
- Pharmacy formulary
- Provider privileges at contracted hospitals

## Additional discounts

Through our Accessories Program, you have access to money-saving discounts on a host of health-related products and services.

- Acupuncture
- Fitness centers memberships
- Massage therapy
- Chiropractic care
- LASIK vision correction
- Safe Beginnings ®
- Eyewear and eye exams
- Mail order contact lenses
- Weight Watchers ®

## Important information, definitions, and limitations

**Case Management:** a service where PPO nurses assist members with serious conditions to obtain appropriate support and services so that members can achieve their optimal level of health.

**Confidentiality:** the PPO's confidentiality policy protects members' privacy of their personal health information including medical records, claims, benefits and other administrative data in all settings. The policy also prohibits sharing personal health information with employers including fully insured employers. However, as a member you always have access to your medical records. Upon enrollment, members sign routine consent forms which allow the PPO to use your information to conduct its business like paying claims and for measurement of data where member identifiers are removed to assure confidentiality. For release of any other personal information, except when required by law, you will be asked to sign a special consent form. A complete copy of the confidentiality policy is available by contacting the Customer Care Team.

**Medical Necessity or Medically Necessary:** covered services rendered by a health care provider that the insurer determines are: a) appropriate for the symptoms and diagnosis or treatment of the member's condition, illness, disease or injury; b) provided for the diagnosis, or the direct care and treatment of the member's condition, illness, disease or injury; c) in accordance with current standards of medical practice; d) not primarily for the convenience of the member, or the member's health care provider; and e) the most appropriate source or level of service that can safely be provided to the member. When applied to hospitalization, this further means that the member requires acute care as an inpatient due to the nature of the services rendered or the member's condition, and the member cannot receive safe or adequate care as an outpatient.

**Precertification:** the process of calling the PPO to receive authorization for whereby all non-emergency inpatient hospital admissions and designated procedures and services listed in the Summary Plan Description are reviewed and approved for coverage determination by the PPO, prior to the provision of services.

**PCP:** primary care physician.

**Retrospective review:** the PPO will complete a post-clinical review when necessary to determine whether or not the treatment met coverage guidelines. Based on this review, claims associated with treatment will be approved or denied.

*This document is intended as an easy-to-read summary. Benefits, limitations and exclusions are provided in accordance with the Summary Plan Description under which a member is enrolled. This managed care plan may not cover all your health care expenses. Read your Summary Plan Description carefully to determine which health care services are covered.*